

LUNCH (Noon - 2.30pm)

ALL DAY (Noon - 6pm)

STARTERS

Soup of the Day - See Blackboard	£5.00
Air-dried British Beef, Cave-aged Cheddar & Watercress	£6.00
Free-range Chicken & Tarragon Terrine, Piccalilli & Sourdough Toast	£6.75
Brixham Crab Benedict, Spinach, Poached Free-range Egg & Hollandaise	£8.00
Confit Duck Raviolo, Butternut Squash Purée & Sherry Vinaigrette	£7.75
Salt-baked Beetroot, Goat's Curd & Toasted Walnuts	£6.50

EITHER/OR

	Starter	Main
Enderby Smoked Haddock Kedgeree, Poached Free-range Egg	£7.50	£12.50
Barbecue Glazed Ham Hock, Sweetcorn Purée, Spring Onions & Chilli, Cornbread Croutons	£7.75	£14.50
Free-range Chicken, Ibérico Ham & Avocado Salad, Croutons & Herb Dressing	£7.75	£13.00
Superfood Salad of Black Rice, Shaved Fennel, Sprouting Broccoli, Chai Seeds & Pomegranate Dressing	£6.75	£12.00

The includes a discretionary 25p contribution to Sports Traider, a youth-focused organisation offering kids the kit and support they need to get into sport, whatever their background.

MAINS

Jimmy Butler's Free-range Cumberland Sausage & Mash, Onion Gravy	£12.00
Roast Chicken, Wild Garlic Gnocchi, Buttered Spring Cabbage & Chicken Jus	£15.75
Spring Vegetable Tart, Hollandaise, Char-grilled Spring Onions & Balsamic	£12.75
Pan-fried Sea Trout, Bouillabaisse, Saffron Potatoes & Confit Fennel	£16.50
Cornish Lamb Cannon, Minted New Potatoes, Olive, Tomato & Baby Artichokes	£19.50
Roast Hake, Cauliflower, Iberico Ham & Leek Vinaigrette	£17.50
Jimmy Butler's Slow-cooked Pork Belly, Warm Spring Vegetable Salsa, Roast Apple & Green Sauce	£16.50
Breaded Cod Scampi, Skinny Chips & Pea Mayonnaise	£12.50

STEAKS

Award-winning butcher Aubrey Allen supplies our steak, selected from the best British grass-fed beef herds, dry-aged for superb flavour and tenderness.

All Served with Watercress, Chips & a choice of either Béarnaise, Peppercorn & Brandy Sauce or Café De Paris Butter

28 Day Dry-aged 8oz Bavette	£16.50
28 Day Dry-aged 8oz Rump	£20.50
28 Day Dry-aged 10oz Rib Eye	£25.00
Add a Grill Garnish of Roast Field Mushrooms, Garlic & Thyme Plum Tomatoes & Beer Battered Onion Rings	£3.00
Add Three King Prawns to your Steak	£4.50

SIDES

Chips	£3.50
Garden Salad, Orange & Shallot Dressing	£3.50
New Potatoes, Sea Salt & Minted Butter	£3.75
Petit Pois à La Française	£3.75
Glazed Carrots	£3.75

SOUP & SANDWICHES

Soup of the Day - See Blackboard	£5.00
Roast Meat Roll of the Day & Gravy	£8.00
Brixham Crab, Fennel & Apple Slaw, Toasted Sourdough	£9.50
Cave-aged Cheddar, Garden Chutney & Tomato, Malted Bloomer	£7.25
All our Sandwiches come with a choice of Chips or Soup of the Day	
Pulled Chicken Bap, Curly Rob's Barbecue Sauce, Slaw & Skinny Chips	£9.50

DELI

Warm Mini-loaf & Roasted Garlic Butter	£2.75
--	-------

CHEESE BOARD

Wookey Hole Cave-aged Cheddar, Sainte-Maure de Touraine, Brie de Nangis, Pont-l'Évêque, Wensleydale Blue, Braeburn Apple & Celery, Rye Crackers & Malted Rustic Bread, Garden Chutney	£13.75
---	--------

COLD CUTS BOARD

Mini Shepherds Pie, Free-range Chicken & Tarragon Terrine, Honey Mustard Sausages, Air-dried British Beef, Crunchy Slaw, Mark's Brown Sauce & Toasted Sourdough	£14.75
---	--------

FAVOURITES BOARD

Spiced Tomato Houmous & Crudités, Honey Mustard Sausages, Brie de Nangis, Creamy Garlic Mushroom Crumble, Garden Salad, Chutney & Warm Mini Loaf	£14.00
--	--------

FISH BOARD

Smoked Mackerel Pâté, Severn & Wye Smoked Salmon, Crab Mayonnaise, Kedgeree Arancini & Mango Chutney, Cucumber & Tomato Salsa, Toasted Sourdough	£14.75
--	--------

VEGGIE BOARD

Spiced Tomato Houmous & Crudités, Marinated Olives, Creamy Garlic Mushroom Crumble, Pont-l'Évêque, Garden Salad, Chutney & Warm Mini Loaf	£13.25
---	--------

ROAST OF THE DAY

Each day we serve a great Roast with seasonal vegetables and Potatoes
See Blackboard

ALL DAY MAINS

Enderby Smoked Haddock Kedgeree, Poached Free-range Egg	£12.50
Breaded Cod Scampi, Skinny Chips & Pea Mayonnaise	£12.50
Superfood Salad of Black Rice, Shaved Fennel, Sprouting Broccoli, Chai Seeds & Pomegranate Dressing	£12.50
Coarse-ground Bavette Steak Burger, Red Leicester, Burger Sauce, Coleslaw, Chips & Onion Rings	£12.75
Add Mushroom or Bacon	£1.00

SPRING AT THE EMBANKMENT

Spring's here! Bring on purple sprouting, green asparagus spears & tender pink rhubarb. Bring on Spring lamb, a sunny day & the first glass of rosé outside. We serve the good stuff, the best of British. Honest food, ethically grown, tasty. Nothing less will do.

THE EMBANKMENT

embankmentbedford.co.uk twitter.com/theembankment facebook.com/embankmentbedford

Have you tried our sister pubs?

THE SWAN
SALFORD

swansalford.co.uk

THE BLACK HORSE
Woburn

blackhorsewoburn.co.uk

Allergens: before ordering, please speak to one of our team if you want to know about our ingredients.

Children are heartily welcome & we are happy to make them simplified versions of our dishes. If your child would like a small portion at half price, please ask us.

A 10% service charge is added to parties of six or more. All tips go to the team.