

LUNCH (Noon - 2.30pm)

STARTERS

Air-dried British Beef, Quicke's Mature Cheddar,
Balsamic Onions & Watercress 6.50

Soup of the Day - See Blackboard 5.25

Free-range Pork & Ham Terrine, Piccalilli & Sourdough Toast 6.75

Devon Crab, Avocado & Lobster Mayonnaise 8.75

Goats' Cheese Croquettes, Salt-baked Golden Beetroot
& Caramelised Walnuts 6.50

Grilled Mackerel Fillet, Watercress & Radish Salad,
Tomato Dressing 6.75

EITHER/OR

Starter/Main

Enderby Smoked Haddock & Spring Onion Carnaroli Risotto
& Poached Free-range Egg 7.75/13.00

Basil Gnocchi, Char-grilled Artichoke & Fennel,
Gorgonzola Sauce 7.25/13.50

Pan-fried Native Scallops, Crispy Pig Cheeks,
Pea & Apple Salad 9.75/18.75

Superfood Salad of Bombay Chicken, Cauliflower,
Brown Rice & Spinach, Mint Yoghurt Dressing 7.75/14.00

This includes a discretionary 25p contribution to Sports Traider, a youth-focused
organisation offering kids the kit & support they need to get into sport, whatever
their background.

MAINS

Roasted Free-range Chicken Breast,
Grilled Leeks, Morel & Wild Garlic Jus 15.75

Carrot, Cumin & Chickpea Tagine, Fig & Date Bread 12.75

Jimmy Butler's Free-range Sausage & Mash, Onion Gravy 12.75

Roasted Monkfish, Bacon, Lentils
& Steamed Cockles, Samphire 17.50

Slow & Low Free-range Pork Belly, White Beans,
Olives & Chorizo 17.50

Thai-spiced Fishcake, Crunchy Vegetable Salad,
Sesame Dressing 13.50

Cornish Rack of Spring Lamb, Crushed New Potatoes,
Warm Broad Bean & Mint Salsa 19.50

Pan-fried Sea Bream Fillets, Saffron & Spring Onion Mash,
White Wine Butter Sauce 16.75

STEAKS

Award-winning butcher Aubrey Allen supplies our
steak, selected from the best British grass-fed beef herds,
dry-aged for superb flavour & tenderness.

Since 1888
Aubrey's
Dry-Aged Beef

28 Day Dry-aged 8oz Rump Steak 19.75

28 Day Dry-aged 10oz Rib Eye Steak 25.00

28 Day Dry-aged 8oz Sirloin Steak 24.50

All Served with Watercress, Chips & a choice of either
Béarnaise, Peppercorn & Brandy Sauce or
Horseradish Crème Fraîche

Grill Garnish - Roast Field Mushrooms, Garlic & Thyme Plum
Tomatoes & Beer Battered Onion Rings 3.50

SIDES

Chips 3.50

Garden Salad, Orange & Shallot Dressing 3.50

New Potatoes, Sea Salt & Minted Butter 3.75

Tenderstem Broccoli, Chilli & Anchovy Butter 3.75

Carrot & Leek Gratin 3.75

Spring Greens & Peas 3.75

ALL DAY (Noon - 6pm)

SOUP & SANDWICHES

Soup of the Day - See Blackboard 5.25

Smoked Salmon & Avocado Sandwich,
Fennel & Cucumber Soft Cheese, Malted Bloomer 8.25

Aubrey's Steak Ciabatta, Field Mushroom & Mustard Mayo 10.00

Feta, Spiced Chickpea & Red Pepper Pitta, Cumin Crème Fraîche 8.00

Maple-glazed Ham, English Mustard Mayonnaise & Gherkins 8.25

All our Sandwiches come with a choice of Chips or Soup of the Day

Pulled Chicken, Barbecue Sauce & Slaw in Brioche Bun,
Skinny Chips 9.50

DELI

Warm Mini Loaf & Roasted Garlic Butter 2.75

Puttanesca Olives 2.75

BUTCHER'S BOARD 14.75

Maple-glazed Ham, Honey Mustard Sausages,
Free-range Pork & Ham Terrine, Pulled Chicken,
Crunchy Slaw, Chutney & Malted Mini Loaf

CHEESE BOARD 13.75

Brie de Nangis, Sainte-Maure de Touraine, Rollright,
Quicke's Mature Cheddar, Beauvale, Chutney,
Apple, Celery & Crackers

VEGGIE BOARD 13.25

Pea Houmous & Crudités, Puttanesca Olives,
Creamy Garlic Mushroom Crumble, Stuffed Artichoke Hearts
& Pesto Mayonnaise, Toasted Pitta & Garden Salad

FISH BOARD 14.75

Smoked Mackerel Pâté, Devon Crab Mayonnaise,
Mini Fishcakes & Chive Crème Fraîche, Severn & Wye Smoked
Salmon, Cucumber & Tomato Salsa, Toasted Pitta

ALL DAY MAINS

Enderby Smoked Haddock & Spring Onion
Carnaroli Risotto & Poached Free-range Egg 13.00

Superfood Salad of Bombay Chicken, Cauliflower,
Brown Rice & Spinach, Mint Yoghurt Dressing 14.00

Jimmy Butler's Free-range Sausage & Mash, Onion Gravy 12.75

Coarse-ground Steak Burger, Cheddar,
Burger Sauce, Coleslaw, Chips & Onion Rings 12.75

Add Mushroom, Bacon, Smashed Avocado or Pulled Chicken 1.25

SPRING AT THE EMBANKMENT

We always serve the good stuff - in Spring that means the earliest
& best English asparagus, Cornish lamb, day-boat fish hot-foot
from Brixham, Yorkshire rhubarb, superb farmhouse cheeses.
As the days lengthen & sunshine returns the good life begins again
& we can look forward to sitting outside with a glass of rosé
& a plate of something delicious.

THE EMBANKMENT

embankmentbedford.co.uk twitter.com/theembankment facebook.com/embankmentbedford

Have you tried our sister pubs?

THE SWAN
SALFORD

swansalford.co.uk

THE BLACK HORSE
Woburn

blackhorsewoburn.co.uk

Allergens: before ordering, please speak to one of our team if you want to know about our ingredients.

Children are heartily welcome & we are happy to make them simplified versions of our dishes.
If your child would like a small portion at half price, please ask us.

A 10% service charge is added to parties of six or more. All tips go to the team.