SUMMER AT THE EMBANKMENT

Hooray for Summer - the season of wonderful British soft fruit & the freshest green vegetables, tomatoes & sweetcorn. Cornish lamb & day-boat fish are abundant & beautiful. And why not celebrate any famous sporting victories (or soothe disappointments) with a top-notch English sparkling wine?

VELI

Warm Mini Loaf & Roasted Garlic Butter 2.75

BUTHER'S BOARD 14.75 Rare Roast Beef, Aubrey's Salt Beef Croquettes, Air-dried Dorset Pork, Pulled Chicken Sliders, Pickles, Chutney & Malted Toast

VEGGIE BOARD 13.75

Summer Vegetable Croquettes, Spiced Tomato Houmous & Crudités, Courgette & Feta Salad, Puttanesca Olives, Cheddar & Sunflower Seed Palmiers & Toasted Pitta

Puttanesca Olives 2.75

(HEESE BOARD 13.75

Tor, Camembert Gillot AOC, Sheep Rustler, Double Barrel Poacher, Blue Monday, Chutney, Apples, Celery, Garden Chutney & Crackers

FISH BOARD 14.75

Crab & Prawn Mayo, Smoked Mackerel Fillets, Salt & Pepper Squid, Whitebait & Lemon Mayo, Soused Cucumber & Fennel, Malted Toast

STARTERS

Marinated Feta, Courgette, Broad Bean & Mint Salad 6.50

Soup of the Day - See Blackboard 5.25

Aubrey's Salt Beef Croquettes, Bramley Apple Chutney, Dressed Baby Leaves 6.75

Salt & Pepper Squid, Rocket Salad & Devilled Sauce 7.50

Ricotta, Fig & Walnut Bruschetta 6.25

Devon Crab, Poached Egg, Cucumber & Samphire Salad, Tarragon Aioli 8.75

FITHER/OR

Superfood Salad of Quinoa, Broccoli, Baby Kale, Edamame Beans, Roasted Garlic & Balsamic Dressing 6.75/12.50

Pan-fried Native Scallops & Monkfish Medallions, Smoked Cauliflower, Braised Lentils & Crispy Black Pudding 9.75/18.75

Roasted Tomato, Basil & Courgette Carnaroli Risotto, with or without Smoked Free-range Ham 7.75/13.00

This includes a discretionary 25p contribution to Sports Traider, a youth-focused organisation offering kids the kit & support they need to get into sport, whatever their background.

MAINS

Maple-cured Free-range Gammon Rib Eye Steak, Poached Egg & Chips 13.50 Free-range Duck Breast, Glazed Heritage Carrots, Boulangère Potatoes & Orange Jus 18.50 Breaded Aubergine, Mozzarella & Olive Escalope, Tomato & Chilli Salsa 12.75 Pan-roasted Cod, Creamed Peas, Pancetta & Fennel 16.75

Free-range Chicken Breast, Classic Caesar Salad, Crispy Bacon & Anchovies 14.75

Grilled Plaice Fillet, Citrus Butter Beans & Radishes, Watercress & Parsley Sauce 16.25

Smoked Haddock & Prawn Fishcake, Wilted Spinach & Swiss Chard, White Wine Butter Sauce 13.50

Slow & Low Barbecued Pork Chops, Polenta Chips & Green Chilli Slaw 17.00

STEAKS

Award-winning butcher Aubrey Allen supplies our steak, selected from the best British grass-fed beef herds, dry-aged for superb flavour & tenderness.

28 Day Dry-aged 8oz Rump Steak 19.75

28 Day Dry-aged 10oz Rib Eye Steak 25.00

28 Day Dry-aged 8oz Sirloin Steak 24.50

All Served with Watercress, Chips & a choice of either Béarnaise, Peppercorn & Brandy Sauce or Café De Paris Butter

Grill Garnish - Roast Field Mushrooms, Garlic & Thyme Plum Tomatoes & Beer Battered Onion Rings 3.75

SIDES

New Potatoes, Sea Salt & Minted Butter 3.75 Chips 3.50 Green Bean, Fennel & Tomato Salad, Mays & Green French Dressing 3.50 Buttered Courgettes, Peas & Beans 3.75 Summer Garden Salad, Orange & Shallot Dressing 3.50

Allergens: before ordering, please speak to one of our team if you want to know about our ingredients.

Children are heartily welcome & we are happy to make them simplified versions of our dishes. If your child would like a small portion at half price, please ask us

A 10% service charge is added to parties of six or more. All tips go to the team.

The EmbankmenT

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SWAN swansalford.co.uk

THE BLACK HORSE

blackhorsewoburn.co.uk



Starter/Main

Free-range Duck & Crunchy Vegetable Salad, Toasted Cashews & Oriental Dressing 7.75/14.75